** Silverline Montessori**

**Breakfast and Lunch Menu**

**September 2019**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | **Tuesday** | Wednesday | **Thursday** | **Friday** |
| ***WEEK 1*****September****2nd -6th** | **School Closed in Observation of Labor Day**Image result for labor day | ***Breakfast***Sliced StrawberriesRice ChexMilkWater***Lunch***Turkey & Cheese SandwichLettuce/TomatoPotato ChipsCucumber SlicesFruit SaladMilkWater Image result for turkey and cheese sandwich | ***Breakfast***BlueberriesOatmealMilk***Lunch***Sweet & Sour Chicken w/ SauceGarden Blend RiceMixed VegetablesOrangesMilk  | ***Breakfast***Cheese SliceWheat ToastMilkWater***Lunch***Meat SauceSpaghettiGreen BeansGarlic BreadFruit Cup MilkWater Image result for spaghetti with meat sauce | ***Breakfast***Banana SlicesCorn FlakesMilk WaterImage result for banana slices ***Lunch***Chicken and RicePeas and CarrotsPineapple TidbitsMilk Water  |
| ***WEEK 2*****September****9th -13th**  | ***Breakfast***Peach DicedWheat ToastMilkWaterImage result for diced peaches***Lunch***Red BeansRiceStrawberry Spinach SaladFruit Cup MilkWater | ***Breakfast***Buttermilk BiscuitJellyMilkWater***Lunch***Chopped Beef SteakBrown Gravy on SideMashed PotatoesMixed Vegetables Mandarin OrangesMilkWater Image result for chopped beef steak | ***Breakfast***Pineapple ChunksFrench Toast SticksMilkWaterImage result for pineapple chunks ***Lunch***Tomato SoupGrilled CheeseTropical FruitMilkWater  |  ***Breakfast***Orange SegmentsWheat English MuffinsCream CheeseMilkWaterRelated image ***Lunch***Chicken Quesadillas w/SalsaRefried BeansTossed SaladPeach SlicesMilkWater | ***Breakfast***Sliced StrawberriesOatmealMilkWaterImage result for sliced strawberries ***Lunch***Fish SticksMac & CheeseGreen BeansFresh OrangesMilk |
| ***WEEK 3*****September****16th -20th**  | ***Breakfast***Hot Cinnamon ApplesEnglish Muffin***Lunch***Sloppy Joe on Wheat BunFrench FriesPeach DicedMilk | ***Breakfast***Banana SlicesCheese Toast/ Wheat***Lunch***Herb baked ChickenMashed PotatoesCornFruit CupMilk | ***Breakfast***Diced PearsWheat ToastHard Boiled Egg***Lunch***Taco SaladFlour TortillaPinto BeansMandarin OrangesMilk | ***Breakfast***Sliced StrawberriesOatmeal***Lunch***ChickenSpaghettiMixed VegetablesPineapple ChunksMilk | ***Breakfast***PancakesMilkWater***Lunch***Cheese PizzaTossed SaladCornPineapplesMilk Water |
| ***WEEK 4*****September****23rd -27th**  | ***Breakfast***Apple SauceFrench Toast Sticks***Lunch***Chili Cheese Hot DogsBaked BeansFritosPeachesMilk  | ***Breakfast***Diced PearsCheese Toast/Wheat***Lunch***Hamburger on BunLettuce/Tomato /PicklePotato ChipsBananasMilk | ***Breakfast***Banana SlicesCheerios***Lunch***Chicken and Broccoli AlfredoMandarin OrangesMilk | ***Breakfast***Orange SegmentsScrambled EggsCorn Tortilla***Lunch***Beef Macaroni & CheeseVegetable MedleyMixed FruitMilk | ***Breakfast***Mixed Berry CupCorn Flakes***Lunch***Chicken NuggetsFrench FriesCornPears MilkImage result for dino nuggets |
| ***WEEK 4*****September****30th** | ***Breakfast***BagelCream CheeseMilk***Lunch***Turkey Corn DogsBaked beansPearsMilkImage result for mini corn dogsV: Veg Dogs |  |  |  |  |
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