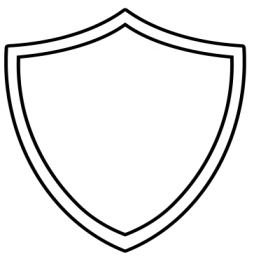
** Silverline Montessori**

**Breakfast and Lunch Menu**

**September 2019**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | **Tuesday** | Wednesday | **Thursday** | **Friday** |
| ***WEEK 1***  **September**  **2nd -6th** | **School Closed in Observation of Labor Day**  Image result for labor day | ***Breakfast***  Sliced Strawberries  Rice Chex  Milk  Water  ***Lunch***  Turkey & Cheese Sandwich  Lettuce/Tomato  Potato Chips  Cucumber Slices  Fruit Salad  Milk  Water  Image result for turkey and cheese sandwich | ***Breakfast***  Blueberries  Oatmeal  Milk  ***Lunch***  Sweet & Sour Chicken w/ Sauce  Garden Blend Rice  Mixed Vegetables  Oranges  Milk | ***Breakfast***  Cheese Slice  Wheat Toast  Milk  Water  ***Lunch***  Meat Sauce  Spaghetti  Green Beans  Garlic Bread  Fruit Cup  Milk  Water  Image result for spaghetti with meat sauce | ***Breakfast***  Banana Slices  Corn Flakes  Milk  Water  Image result for banana slices  ***Lunch***  Chicken and Rice  Peas and Carrots  Pineapple Tidbits  Milk  Water |
| ***WEEK 2***  **September**  **9th -13th** | ***Breakfast***  Peach Diced  Wheat Toast  Milk  Water  Image result for diced peaches  ***Lunch***  Red Beans  Rice  Strawberry Spinach Salad  Fruit Cup  Milk  Water | ***Breakfast***  Buttermilk Biscuit  Jelly  Milk  Water  ***Lunch***  Chopped Beef Steak  Brown Gravy on Side  Mashed Potatoes  Mixed Vegetables  Mandarin Oranges  Milk  Water  Image result for chopped beef steak | ***Breakfast***  Pineapple Chunks  French Toast Sticks  Milk  Water  Image result for pineapple chunks  ***Lunch***  Tomato Soup  Grilled Cheese  Tropical Fruit  Milk  Water | ***Breakfast***  Orange Segments  Wheat English Muffins  Cream Cheese  Milk  Water  Related image ***Lunch***  Chicken Quesadillas w/Salsa  Refried Beans  Tossed Salad  Peach Slices  Milk  Water | ***Breakfast***  Sliced Strawberries  Oatmeal  Milk  Water  Image result for sliced strawberries  ***Lunch***  Fish Sticks  Mac & Cheese  Green Beans  Fresh Oranges  Milk |
| ***WEEK 3***  **September**  **16th -20th** | ***Breakfast***  Hot Cinnamon Apples  English Muffin  ***Lunch***  Sloppy Joe on Wheat Bun  French Fries  Peach Diced  Milk | ***Breakfast***  Banana Slices  Cheese Toast/ Wheat  ***Lunch***  Herb baked Chicken  Mashed Potatoes  Corn  Fruit Cup  Milk | ***Breakfast***  Diced Pears  Wheat Toast  Hard Boiled Egg  ***Lunch***  Taco Salad  Flour Tortilla  Pinto Beans  Mandarin Oranges  Milk | ***Breakfast***  Sliced Strawberries  Oatmeal  ***Lunch***  Chicken  Spaghetti  Mixed Vegetables  Pineapple Chunks  Milk | ***Breakfast***  Pancakes  Milk  Water  ***Lunch***  Cheese Pizza  Tossed Salad  Corn  Pineapples  Milk  Water |
| ***WEEK 4***  **September**  **23rd -27th** | ***Breakfast***  Apple Sauce  French Toast Sticks  ***Lunch***  Chili Cheese Hot Dogs  Baked Beans  Fritos  Peaches  Milk | ***Breakfast***  Diced Pears  Cheese Toast/Wheat  ***Lunch***  Hamburger on Bun  Lettuce/Tomato /Pickle  Potato Chips  Bananas  Milk | ***Breakfast***  Banana Slices  Cheerios  ***Lunch***  Chicken and Broccoli Alfredo  Mandarin Oranges  Milk | ***Breakfast***  Orange Segments  Scrambled Eggs  Corn Tortilla  ***Lunch***  Beef Macaroni & Cheese  Vegetable Medley  Mixed Fruit  Milk | ***Breakfast***  Mixed Berry Cup  Corn Flakes  ***Lunch***  Chicken Nuggets  French Fries  Corn  Pears  Milk  Image result for dino nuggets |
| ***WEEK 4***  **September**  **30th** | ***Breakfast***  Bagel  Cream Cheese  Milk  ***Lunch***  Turkey Corn Dogs  Baked beans  Pears  Milk  Image result for mini corn dogs  V: Veg Dogs |  |  |  |  |
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