



Silverline Montessori

August 2019 Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1</p> <p style="text-align: center;"><u>Morning Snack</u> Celery Sticks, Sunbutter & Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Goldfish and Banana Slices</p>	<p>2</p> <p style="text-align: center;"><u>Morning Snack</u> Granola Bar & Peaches</p> <p style="text-align: center;"><u>Afternoon Snack</u> Popcorn & Lemonade</p>
<p>5</p> <p style="text-align: center;"><u>Morning Snack</u> Fruit Grain Bar & Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Vegetable Slices with String Cheese</p>	<p>6</p> <p style="text-align: center;"><u>Morning Snack</u> Bagel with Cream Cheese</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cucumber Slices & Cherry Tomatoes with Ranch Dressing</p>	<p>7</p> <p style="text-align: center;"><u>Morning Snack</u> Cottage Cheese, Saltine Crackers & Diced Melon</p> <p style="text-align: center;"><u>Afternoon Snack</u> Veggie Chips</p>	<p>8</p> <p style="text-align: center;"><u>Morning Snack</u> Vanilla Yogurt with Granola and Chocolate Chips</p> <p style="text-align: center;"><u>Afternoon Snack</u> String Cheese, Apples & Water</p>	<p>9</p> <p style="text-align: center;"><u>Morning Snack</u> Apples with Sunbutter & Raisins</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cookies & Milk</p>
<p>12</p> <p style="text-align: center;"><u>Morning Snack</u> Pretzels with Sunbutter</p> <p style="text-align: center;"><u>Afternoon Snack</u> Chex Mix & Lemonade</p>	<p>13</p> <p style="text-align: center;"><u>Morning Snack</u> Cucumber Slices, Turkey Slices and Cheese Slices</p> <p style="text-align: center;"><u>Afternoon Snack</u> Nachos</p>	<p>14</p> <p style="text-align: center;">Building Closed Teacher In-Service</p> <div style="text-align: center;"></div>	<p>15</p> <p style="text-align: center;"><u>Morning Snack</u> Celery Sticks, Raisins and Sunbutter</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cheez-Its and Juice</p>	<p>16</p> <p style="text-align: center;"><u>Morning Snack</u> Fruit Grain Bar & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Popsicles</p>
<p>19</p> <p style="text-align: center;"><u>Morning Snack</u> Chicken Salad with Saltine Crackers</p> <p style="text-align: center;"><u>Afternoon Snack</u> Graham Crackers with Sunbutter and Apples</p>	<p>20</p> <p style="text-align: center;"><u>Morning Snack</u> Yogurt with Strawberries</p> <p style="text-align: center;"><u>Afternoon Snack</u> Trail Mix</p>	<p>21</p> <p style="text-align: center;"><u>Morning Snack</u> Celery Sticks, Sunbutter & Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Goldfish and Banana Slices</p>	<p>22</p> <p style="text-align: center;"><u>Morning Snack</u> Vanilla Yogurt with Granola and Chocolate Chips</p> <p style="text-align: center;"><u>Afternoon Snack</u> String Cheese, Apples & Water</p>	<p>23</p> <p style="text-align: center;"><u>Morning Snack</u> Apples with Sunbutter & Raisins</p> <p style="text-align: center;"><u>Afternoon Snack</u> Chips, Fruit & Water</p>
<p>26</p> <p style="text-align: center;"><u>Morning Snack</u> Fruit Grain Bar & Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Vegetable Slices with String Cheese</p>	<p>27</p> <p style="text-align: center;"><u>Morning Snack</u> Bagel with Cream Cheese</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cucumber Slices & Cherry Tomatoes with Ranch Dressing</p>	<p>28</p> <p style="text-align: center;"><u>Morning Snack</u> Cottage Cheese, Saltine Crackers & Diced Melon</p> <p style="text-align: center;"><u>Afternoon Snack</u> Veggie Chips</p>	<p>29</p> <p style="text-align: center;"><u>Morning Snack</u> Hummus with Veggies</p> <p style="text-align: center;"><u>Afternoon Snack</u> Watermelon</p>	<p>30</p> <p style="text-align: center;"><u>Morning Snack</u> Chicken Salad with Saltine Crackers</p> <p style="text-align: center;"><u>Afternoon Snack</u> Graham Crackers with Sunbutter and Apples</p>