




Silverline Montessori May 2019 Snack Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p style="text-align: center;"><u>Morning Snack</u> Fruit Grain Bar & Apple Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Vegetable Slices, Cheese Slices & Water</p>	<p>2</p> <p style="text-align: center;"><u>Morning Snack</u> Pretzels, Cheese Sticks & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Celery Sticks, Sunbutter & Water</p>	<p>3</p> <p style="text-align: center;"><u>Morning Snack</u> Bread, Apples, Sunbutter & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Ritz Crackers, American Cheese Slices & Water</p>
<p>6</p> <p style="text-align: center;"><u>Morning Snack</u> Chicken Salad, Saltine Crackers & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Sunbutter Sandwich, Raisins & Water</p>	<p>7</p> <p style="text-align: center;"><u>Morning Snack</u> Cottage Cheese, Diced Melon & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cucumber Slices, Cherry Tomatoes, Ranch Dressing & Water</p>	<p>8</p> <p style="text-align: center;"><u>Morning Sack</u> Celery Sticks, Sunbutter & Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Goldfish, Banana Slices & Water</p>	<p>9</p> <p style="text-align: center;"><u>Morning Snack</u> Flavored Yogurt, Sliced Strawberries & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Vegetable Slices, String Cheese & Water</p>	<p>10</p> <p style="text-align: center;"><u>Morning Snack</u> Granola Bar & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Croissant w/Cream Cheese & Apple Juice</p>
<p>13</p> <p style="text-align: center;"><u>Morning Snack</u> Fruit Grain Bar & Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cottage Cheese, Ritz Crackers & Water</p>	<p>14</p> <p style="text-align: center;"><u>Morning Snack</u> Yogurt Dip, Strawberries & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Chex Mix, Strawberries & Water</p>	<p>15</p> <p style="text-align: center;"><u>Morning Snack</u> Hummus, Sliced Carrots & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Saltine Crackers, Cheese Slices & Water</p>	<p>16</p> <p style="text-align: center;"><u>Morning Snack</u> Croissant w/Cream Cheese Apple Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cookies & Milk</p>	<p>17</p> <p style="text-align: center;"><u>Morning Snack</u> Chex Mix & Water or Milk</p> <p style="text-align: center;"><u>Afternoon Snack</u> Sunbutter Sandwich & Water</p>
<p>20</p> <p style="text-align: center;"><u>Morning Snack</u> Pretzels, Sunbutter & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Chex Mix & Water</p>	<p>21</p> <p style="text-align: center;"><u>Morning Snack</u> Flavored Yogurt, Blueberries & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cherry Tomatoes, Saltine Crackers & Milk</p>	<p>22</p> <p style="text-align: center;"><u>Morning Snack</u> Fresh Vegetables, Yogurt Dip & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Goldfish, Fruit & Milk</p>	<p>23</p> <p style="text-align: center;"><u>Morning Snack</u> Cottage Cheese, Melon, & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cucumber Slices, String Cheese & Water</p>	<p>24</p> <p style="text-align: center;"><u>Morning Snack</u> Granola Bar & Milk or Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Ritz Crackers, Diced Melon & Water</p>
<p>27</p> <p style="text-align: center;">Building Closed in Observance of Memorial Day</p> 	<p>28</p> <p style="text-align: center;"><u>Morning Snack</u> Celery Sticks, Sunbutter, Raisins & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Cheez-Its & Water</p>	<p>29</p> <p style="text-align: center;"><u>Morning Snack</u> Cottage Cheese, Fruit Slices & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Yogurt Dip, Fruit & Water</p>	<p>30</p> <p style="text-align: center;"><u>Morning Snack</u> Granola Bar & Juice</p> <p style="text-align: center;"><u>Afternoon Snack</u> Vegetable Slices, Sliced Cheese & Water</p>	<p>31</p> <p style="text-align: center;"><u>Morning Snack</u> Hummus, Sliced Carrots & Water</p> <p style="text-align: center;"><u>Afternoon Snack</u> Chips, Strawberries & Water</p>