 **Silverline Montessori**

**December 2018 Breakfast & Lunch Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **3**  **Breakfast**  Corn Flakes, Fruit & Milk  **Lunch**  Chicken and Rice, Peas & Carrots,  Pineapple Tidbits  Milk  V: Veggie Burgers | **4**  **Breakfast**  Wheat English Muffins w/  Cream Cheese, Blueberries, & Milk  **Lunch**  Tacos w/Salsa  Spanish Rice, Tossed Salad, Bananas & Milk  V: Cheese Quesadillas | **5**  **Breakfast**  French Toast Sticks w/ Syrup & Water  **Lunch**  Baked Chicken  Mashed Potatoes & Peas  Wheat Roll  Apple Slices & Milk    V: Veggie Nuggets | **6**  **Breakfast**  Scrambled Eggs  Wheat Toast, Milk  **Lunch**  Potato Soup  Turkey & Cheese Sandwich, Fruit & Milk  V: Veggie Chili | **7**  **Breakfast**  Oatmeal , Strawberry Slices, Water  **Lunch**  Pasta w/Alfredo Sauce, Chicken & Broccoli  Melon Fruit Cup  Milk  V: Fettuccine w/Alfredo Sauce |
| **10**  **Breakfast**  Peach Slices with Corn Flakes. Water  **Lunch**  Hot Dogs, Baked Beans  Fritos, Fruit & Milk  V: Tomato Soup | **11**  **Breakfast**  English Muffins w/Cream Cheese. & Straw berries Water  **Lunch**  Chicken Nuggets  Mac N Cheese,  Fruit, Vegetables & Milk  V: Veggie Nuggets | **12**  **Breakfast**  Croissant w/ Butter & Jelly Milk  **Lunch**  Spaghetti w/Meat Sauce,  Salad, Fruit & Milk  V: Spaghetti with Marinara | **13**  **Breakfast**  Pancakes w/ Syrup  Milk  **Lunch**  Taco w/Rice , Refried Beans,  Salad, Fruit & Milk  V: Veggie Taco | **14**  **Breakfast**  Oatmeal, Blueberries, Water  **Lunch**  Chicken Patti  Lettuce, Tomatoes, Pickles  Potato Chips  Fruit & Milk  V: Veggie Burger |
| **17**  **Breakfast**  Waffle w/ Hot Cinnamon Apples  Milk  **Lunch**  Pasta w/Alfredo Sauce, Chicken & Broccoli  Fruit & Milk  V: Fettuccine w/ Alfredo Sauce | **18**  **Breakfast**  Biscuits w/ Butter & Jelly  Fruit & Milk  **Lunch**  Fish Sticks,  Mashed Potatoes  Vegetables, Fruit & Milk  V: Mac N Cheese | **19**  **Breakfast**  Cheerios & Banana Slices  Milk  **Lunch**  Baked Chicken & Couscous, Vegetables  Fruit & Milk  V: Veggie Nuggets | **20**  **Breakfast**  Hard Boiled Eggs  Wheat Toast & Water  **Lunch**  Spaghetti w/ Meat Sauce Salad  Fruit & Milk  V: Spaghetti w/ Marinara | **21**  **Breakfast**  French Toast Sticks  Syrup & Water  **Lunch**  Tomato Soup & Grilled Cheese Sandwiches Salad, Fruit & Milk  V: Spaghetti w/ Marinara |
| **24**  Merry Christmas  Building Closed | **25**  Merry Christmas  Building Closed | 26  Merry Christmas  Building Closed | **27**  Merry Christmas  Building Closed | **28**  Merry Christmas  Building Closed |
| **30**  **Breakfast**  Scrambled Eggs  Wheat Toast, Milk  **Lunch**  Chili w/ Beans  Rice  Spinach Salad  Fruit Cup & Milk  V: Veggie Chili |  |  |  |  |