




Silverline Montessori Snack Menu November 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<u>WEEK 1</u> Nov. 5-9	<p><u>Morning Snack</u> Sunbutter Ritz Crackers Water</p> <p><u>Afternoon Snack</u> String Cheese Apple slices Water</p>	<p><u>Morning Snack</u> Sliced apples Greek yogurt Water</p> <p><u>Afternoon Snack</u> Cheezits Golden raisins Water</p>	<p><u>Morning Snack</u> Nutrigrain bars Water</p> <p><u>Afternoon Snack</u> Trail Mix Water</p>	<p><u>Morning Snack</u> Graham Crackers Apple sauce Water</p> <p><u>Afternoon Snack</u> Cucumbers Ranch Water</p>	<p><u>Morning Snack</u> Granola Bar Water</p> <p><u>Afternoon Snack</u> Animal Crackers Water</p>
<u>WEEK 2</u> Nov. 12-16	<p><u>Morning Snack</u> Turkey Slices Ritz Crackers Water</p> <p><u>Afternoon Snack</u> Hummus Pita Chips Water</p>	<p><u>Morning Snack</u> Apple slices Whole Grain Cheerios Water</p> <p><u>Afternoon Snack</u> Chex Mix Water</p>	<p><u>Morning Snack</u> Plain Greek Yogurt Pineapple Water</p> <p><u>Afternoon Snack</u> Soft Pretzel Cheese sauce Water</p>	<p><u>Morning Snack</u> Chex mix Water</p> <p><u>Afternoon Snack</u> Veggie slices String cheese Water</p>	<p><u>Morning Snack</u> Saltine crackers String cheese water</p> <p><u>Afternoon Snack</u> Sliced carrots Hummus water</p>
<u>WEEK 3</u> Nov. 19-23	<p><u>Morning Snack</u> Greek Yogurt Strawberries Water</p> <p><u>Afternoon Snack</u> Cucumbers Ranch Water</p>	<p><u>Morning Snack</u> Fruit Salad Cup Water</p> <p><u>Afternoon Snack</u> Graham Crackers Water</p>	<p><u>Morning Snack</u> Cheerios Banana slices Water</p> <p><u>Afternoon Snack</u> Sunbutter Saltine crackers Water</p>	<p><u>School Closed</u> Happy Thanksgiving</p> 	<u>School Closed</u>
<u>WEEK 4</u> Nov. 26-30	<p><u>Morning Snack</u> Animal Crackers Pineapple Water</p> <p><u>Afternoon Snack</u> Hummus Pita Chips Water</p>	<p><u>Morning Snack</u> Apple Slices String Cheese Water</p> <p><u>Afternoon Snack</u> Cheezits Water</p>	<p><u>Morning Snack</u> Cinnamon Muffins Water</p> <p><u>Afternoon Snack</u> Carrots & Celery Ranch Water</p>	<p><u>Morning Snack</u> Yogurt Mixed berries Water</p> <p><u>Afternoon Snack</u> Granola Bars Water</p>	<p><u>Morning Snack</u> Nutrigrain Bars Water</p> <p><u>Afternoon Snack</u> Pretzel Sticks Cheese sauce Water</p>