

## Silverline Montessori Breakfast and Lunch Menu June 2018

	Manday		Wednesday	Thurse of one	Eri al any
	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 June 1st					Breakfast Peach Diced Buttermilk Biscuit Milk Water Lunch Chopped Beef Steak Brown Gravy on Side Mashed Potatoes Mixed Vegetables Mandarin Oranges Milk Water
WEEK 2  June 4th-8th	Breakfast Orange Segments Scrambled Eggs Corn Tortilla Milk Water Lunch Meat Sauce Spaghetti Garlic Bread Tossed Salad Kiwi Milk Water	Breakfast Sliced Strawberries Rice Chex Milk Water Lunch Chicken Quesadillas Strawberry Spinach Salad Peaches and Pears Milk Water	Breakfast Banana Slices Cheese Slice Wheat Toast Milk Water Lunch Herb baked Chicken Green Beans Wheat Roll or Bread Rosy Pears Milk Water	Milk Water Lunch Turkey & Cheese Sandwich Lettuce/Tomato Potato Chips Cucumber Slices Fruit Salad Milk	Breakfast Assorted Cereal Fruit Milk Water Lunch Cheese Pizza Tossed Salad Corn Pineapples Milk Water
WEEK 3  June 11th-15th	Breakfast Apple Sauce French Toast Sticks Milk Water Lunch Chicken Nuggets Mashed Potatoes Sweet Peas Sliced Strawberries	Breakfast Banana Slices Cheerios Milk Water Lunch Sloppy Joe on Wheat Bun Potato Chips Green Beans	Breakfast Pineapple Chunks Flavored Yogurt Milk Water  Lunch Grilled Chicken Patty Not so Fried Rice	Breakfast Blueberries Oatmeal Milk Water Lunch Turkey Corn Dogs Baked Beans Pears Milk	Breakfast Mixed Berry Cup Corn Flakes Milk Water Lunch Fish Sticks Mac and Cheese Confetti Coleslaw Applesauce
1113	Milk Water Breakfast	Peach Diced Milk Water  Breakfast	Stir Fry Vegetables Melon Fruit Cup Milk Water  Breakfast	Water  Breakfast	Milk Water <u>Breakfast</u>
WEEK 4	Fresh Fruit Scrambled Egg Buttermilk Biscuit Milk Water	Sliced Strawberries Cheerios Milk Water	Orange Segments Wheat Toast Milk Water <u>Lunch</u>	Toasted Bagel Cream Cheese Milk Water	Hot Cinnamon Apples Whole Grain Waffles Milk Water
June 18 <sup>th</sup> -22 <sup>nd</sup>	Lunch Sweet & Sour Chicken w/Sauce Garden Blend Rice Mixed Vegetables Peach Diced Milk Water	Lunch Cheeseburger on Bun Lettuce/Tomato/Pickle Melon Fruit Cup Milk Water	Turkey Bean Burrito Spanish Rice Lettuce/Tomato Pineapple Chunks Milk Water	Lunch Red Beans Rice Strawberry Spinach Salad Fruit Cup Milk Water	Lunch Beef Patty Brown Gravy on Side Sliced Potatoes Whole Wheat Bread Fruit Salad Milk

	<u>Breakfas</u> t	<u>Breakfas</u> t	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfas</u> t
	Hot Fruit Compote	Applesauce	Blueberries	Wheat English	Fruit Cup
WEEK 5	French Toast Sticks	Oatmeal	Oatmeal	Muffin	Biscuit & Gravy
TTEEK O	Milk	Milk	Milk	Milk	Milk
	Water	Water	Water	Water	Water
June			Lunch	Lunch	
	<u>Lunch</u>	<u>Lunch</u>	BBQ Chicken	Chili Cheese Hot	Lunch
25th-29th	Chicken Fettuccini	Meat Sauce	Confetti Coleslaw	Dogs	Turkey Tacos
	Broccoli Florets	Rotini Garden Pasta	Wheat Roll or Bread	Corn Chips	Refried Beans
	Pineapple Chunks	Vegetable Slices	Pear Slices	Fruit Salad	Shred Lettuce &
	Milk	Kiwi	Milk	Milk	Diced Tomato
	Water	Milk	Water	Water	Orange Segments
		Water			Milk
					Water