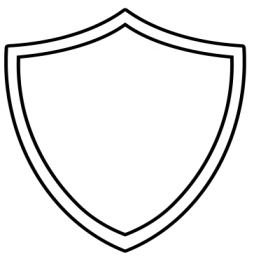
**Silverline Montessori**

**Breakfast and Lunch Menu**

**February 2018**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | **Tuesday** | Wednesday | **Thursday** | **Friday** |
| ***WEEK 1***  **February**  **1st & 2nd** |  |  |  | ***Breakfast***  Diced Melon  Wheat English Muffin  Milk  Water  Image result for wheat english muffins  ***Lunch***  Fish Sticks  Mashed Potatoes  Confetti Coleslaw  Applesauce  Milk  Water | ***Breakfast***  Applesauce  Oatmeal  Milk  Water  Image result for oatmeal  ***Lunch***  Meat Sauce  Rotini Garden Pasta  Vegetable Slices  Kiwi  Milk  Water |
| ***WEEK 2***  **February**  **5th-9th** | ***Breakfast***  Hot Fruit Compote  French Toast Sticks  Milk  Water  ***Lunch***  Chicken Salad  On a Croissant  Broccoli Florets  Pineapple Chunks  Milk  Water  Image result for chicken salad | ***Breakfast***  Sliced Strawberries  Wheat Toast  Milk  Water  ***Lunch***  Grilled Cheese Sandwich  Tomato Soup  Parsley Carrots  Melon Fruit Cup  Milk  Water  Image result for grilled cheese | ***Breakfast***  Fruit Cup  Biscuit and Gravy  Milk  Water  ***Lunch***  Herb baked Chicken  Green Beans  Wheat Roll or Bread  Rosy Pears  Milk  Water  Image result for herb baked chicken | ***Breakfast***  Melon Fruit Cup  Toasted Bagel  Cream Cheese  Milk  Water  ***Lunch***  Meat Tacos  Refried Beans  Shred Lettuce & Diced Tomato & Cheese  Orange Segments  Milk  Water  Image result for tacos | ***Breakfast***  Banana Slices  Rice Krispies  Milk  Water  ***Lunch***  Hamburger  Cheese, Lettuce & Tomato  Potato Chips  Fruit Salad  Milk  Water  Image result for hamburger |
| ***WEEK 3***  **February**  **12th-16th** | ***Breakfast***  Hot Cinnamon Apples  Whole Grain Waffles  Milk  Water  Image result for whole grain waffles  ***Lunch***  Baked Chicken  Mac N Cheese  Broccoli Cuts  Fruit Cup  Milk  Water | ***Breakfast***  Peach Diced  Buttermilk Biscuit  Milk  Water  Image result for buttermilk biscuits  ***Lunch***  Chopped Beef Steak  Brown Gravy on Side  Mashed Potatoes  Mixed Vegetables  Mandarin Oranges  Milk  Water | ***Breakfast***  Blueberries  Oatmeal  Milk  Water  Image result for oatmeal  ***Lunch***  BBQ Chicken on a Bun  Confetti Coleslaw  Pear Slices  Milk  Water | ***Breakfast***  Banana Slices  Cheese Slice  Wheat Toast  Milk  Water  Image result for banana slices  ***Lunch***  Meat Sauce  Spaghetti  Garlic Bread  Tossed Salad  Fruit Cup  Milk  Water | ***Breakfast***  Sliced Strawberries  Rice Chex  Milk  Water  Image result for rice chex  ***Lunch***  Turkey & Cheese Sandwich  Lettuce & Tomato  Potato Chips  Cucumber Slices  Fruit Salad  Milk  Water |
| ***WEEK 4***  **February**  **19th-23rd** | ***Breakfast***  Banana Slices  Corn Flakes  Milk  Water  ***Lunch***  Chicken, Rice & Cheese  Peas and Carrots  Pineapple Tidbits  Milk  Water  Image result for chicken and rice | ***Breakfast***  Orange Segments  Wheat English Muffins  Cream Cheese  Milk  Water  ***Lunch***  Chicken Quesadillas w/Salsa  Refried Beans  Tossed Salad  Peach Slices  Milk  Water  Image result for chicken quesadilla | ***Breakfast***  Pineapple Chunks  French Toast Sticks  Milk  Water  ***Lunch***  Baked Chicken  Fiesta Corn  Sliced Potatoes  Wheat Roll or Bread  Apple Slices  Milk  Water  Related image | ***Breakfast***  Peach Diced  Wheat Toast  Milk  Water  ***Lunch***  Red Beans  Rice  Strawberry Spinach Salad  Fruit Cup  Milk  Water  Related image | ***Breakfast***  Sliced Strawberries  Oatmeal  Milk  Water  ***Lunch***  Hot Dog with Chili and Cheese  Fritos  Sliced Carrots  Melon Fruit Cup  Milk  Water  Image result for chili cheese hot dog |
| ***WEEK 5***  **February**  **26th-28th** | ***Breakfast***  Hot Cinnamon Apples  English Muffin  Milk  Water  Image result for hot cinnamon apples  ***Lunch***  Sloppy Joe on Wheat Bun  French Fries  Green Beans  Peach Diced  Milk  Water | ***Breakfast***  Banana Slices  Cheese Toast/ Wheat  Milk  Water  Image result for banana slices  ***Lunch***  Chicken Nuggets  Mashed Potatoes  Mixed Vegetables  Mandarin Oranges  Milk  Water | ***Breakfast***  Orange Segments  Scrambled Eggs  Corn Tortilla  Milk  Water  Image result for orange segments  ***Lunch***  Chicken Alfredo with Penne Pasta  Broccoli  Fruit Cocktail  Milk  Water |  |  |
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