**Silverline Montessori**

 **Snack Menu**

**January 2018**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| ***WEEK 1*****January****1st – 5th** | ***Morning Snack***PretzelsCheese SauceWaterImage result for pretzels***Afternoon Snack***Fresh VegetablesVeggie Ranch DipWater | ***Morning Snack***Celery StickSun ButterWaterImage result for celery sticks***Afternoon Snack***Apple SauceGoldfish CrackersWater | ***Morning Snack***Zucchini BreadMilkWaterImage result for zucchini bread***Afternoon Snack***Fresh FruitRice ChexWater | ***Morning Snack***Flavored YogurtBlueberriesWaterImage result for yoplait yogurt***Afternoon Snack***Banana Slice String CheeseWater | ***Morning Snack***HummusSliced CarrotsWaterImage result for hummus with carrots***Afternoon Snack***Fruit JuiceCinnamon Wheat ToastWater |
| ***WEEK 2*****January****8th – 12th**  | ***Morning Snack***MilkOatmeal Raisin CookieWater***Afternoon Snack***Peach DicedFlavored YogurtWaterImage result for diced peaches | ***Morning Snack***Milk Apples SlicesGraham CrackersWater***Afternoon Snack***Orange SegmentsRitz CrackersWaterImage result for orange segments | ***Morning Snack***Roasted Turkey SlicesWheatsworth CrackersWater***Afternoon Snack***Apple SlicesSun Butter SandwichWaterImage result for apple slices | ***Morning Snack***Edamame Fruit JuiceWater***Afternoon Snack***Vegetable SlicesWheatsworth CrackersRanch DipWaterImage result for wheatsworth crackers | ***Morning Snack***Milk Rice PuddingWater***Afternoon Snack***Fruit CupGoldfish CrackersWaterImage result for goldfish crackers |
| ***WEEK 3*** **January****15th – 19th** | ***Morning Snack***Sun butter SandwichWaterImage result for wheat tortilla***Afternoon Snack***Wheat TortillasRefried BeansWater | ***Morning Snack***Cottage CheeseDiced MelonWaterImage result for cottage cheese***Afternoon Snack***Cucumber SlicesString CheeseWater | ***Morning Snack***Celery StickSun ButterRaisinsWaterImage result for celery sticks***Afternoon Snack***Goldfish CrackersBanana SlicesWater | ***Morning Snack***Roasted TurkeyWheatsworth CrackersWaterImage result for wheatsworth crackers***Afternoon Snack***Fruit JuiceFlavored YogurtWater | ***Morning Snack***Sliced CarrotsHummusWaterImage result for hummus with carrots***Afternoon Snack***Ritz CrackersOrange SegmentsWater |
| ***WEEK 4*** **January****22nd – 26th**  | ***Morning Snack***Flavored YogurtSliced StrawberriesWater***Afternoon Snack***Vegetable SlicesString CheeseWaterImage result for string cheese | ***Morning Snack***MilkGranola BarWater***Afternoon Snack***Wheatsworth CrackersDiced MelonWaterImage result for wheatsworth crackers | ***Morning Snack***PretzelsSun ButterWater***Afternoon Snack***Fruit Juice Cheeze ItzWaterImage result for cheese its |  |  |
| ***WEEK 5*****January****29th – 31st** | ***Morning Snack***Granola BarFruit JuiceWaterImage result for granola bars***Afternoon Snack***Vegetable SlicesString CheeseWater | ***Morning Snack***Yogurt DipSliced CarrotsWaterImage result for carrot sticks***Afternoon Snack***Fruit JuiceFlavored YogurtWater |  |  |  |
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