**Silverline Montessori**

**Snack Menu**

**January 2018**

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|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| ***WEEK 1***  **January**  **1st – 5th** | ***Morning Snack***  Pretzels  Cheese Sauce  Water  Image result for pretzels  ***Afternoon Snack***  Fresh Vegetables  Veggie Ranch Dip  Water | ***Morning Snack***  Celery Stick  Sun Butter  Water  Image result for celery sticks  ***Afternoon Snack***  Apple Sauce  Goldfish Crackers  Water | ***Morning Snack***  Zucchini Bread  Milk  Water  Image result for zucchini bread  ***Afternoon Snack***  Fresh Fruit  Rice Chex  Water | ***Morning Snack***  Flavored Yogurt  Blueberries  Water  Image result for yoplait yogurt  ***Afternoon Snack***  Banana Slice  String Cheese  Water | ***Morning Snack***  Hummus  Sliced Carrots  Water  Image result for hummus with carrots  ***Afternoon Snack***  Fruit Juice  Cinnamon Wheat Toast  Water |
| ***WEEK 2***  **January**  **8th – 12th** | ***Morning Snack***  Milk  Oatmeal Raisin Cookie  Water  ***Afternoon Snack***  Peach Diced  Flavored Yogurt  Water  Image result for diced peaches | ***Morning Snack***  Milk  Apples Slices  Graham Crackers  Water  ***Afternoon Snack***  Orange Segments  Ritz Crackers  Water  Image result for orange segments | ***Morning Snack***  Roasted Turkey Slices  Wheatsworth Crackers  Water  ***Afternoon Snack***  Apple Slices  Sun Butter Sandwich  Water  Image result for apple slices | ***Morning Snack***  Edamame  Fruit Juice  Water  ***Afternoon Snack***  Vegetable Slices  Wheatsworth Crackers  Ranch Dip  Water  Image result for wheatsworth crackers | ***Morning Snack***  Milk  Rice Pudding  Water  ***Afternoon Snack***  Fruit Cup  Goldfish Crackers  Water  Image result for goldfish crackers |
| ***WEEK 3***  **January**  **15th – 19th** | ***Morning Snack***  Sun butter Sandwich  Water  Image result for wheat tortilla  ***Afternoon Snack***  Wheat Tortillas  Refried Beans  Water | ***Morning Snack***  Cottage Cheese  Diced Melon  Water  Image result for cottage cheese  ***Afternoon Snack***  Cucumber Slices  String Cheese  Water | ***Morning Snack***  Celery Stick  Sun Butter  Raisins  Water  Image result for celery sticks  ***Afternoon Snack***  Goldfish Crackers  Banana Slices  Water | ***Morning Snack***  Roasted Turkey  Wheatsworth Crackers  Water  Image result for wheatsworth crackers  ***Afternoon Snack***  Fruit Juice  Flavored Yogurt  Water | ***Morning Snack***  Sliced Carrots  Hummus  Water  Image result for hummus with carrots  ***Afternoon Snack***  Ritz Crackers  Orange Segments  Water |
| ***WEEK 4***  **January**  **22nd – 26th** | ***Morning Snack***  Flavored Yogurt  Sliced Strawberries  Water  ***Afternoon Snack***  Vegetable Slices  String Cheese  Water  Image result for string cheese | ***Morning Snack***  Milk  Granola Bar  Water  ***Afternoon Snack***  Wheatsworth Crackers  Diced Melon  Water  Image result for wheatsworth crackers | ***Morning Snack***  Pretzels  Sun Butter  Water  ***Afternoon Snack***  Fruit Juice  Cheeze Itz  Water  Image result for cheese its |  |  |
| ***WEEK 5***  **January**  **29th – 31st** | ***Morning Snack***  Granola Bar  Fruit Juice  Water  Image result for granola bars  ***Afternoon Snack***  Vegetable Slices  String Cheese  Water | ***Morning Snack***  Yogurt Dip  Sliced Carrots  Water  Image result for carrot sticks  ***Afternoon Snack***  Fruit Juice  Flavored Yogurt  Water |  |  |  |
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