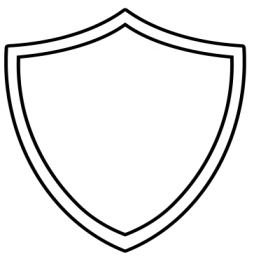
**Silverline Montessori**

**Snack Menu**

**January 2018**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | **Tuesday** | Wednesday | **Thursday** | **Friday** |
| ***WEEK 1***  **Jan.**  **1st -5th** | ***Morning Snack***  Wheat Tortillas  Refried Beans  Water  ***Afternoon Snack***  Sun butter Sandwich  Water | ***Morning Snack***  Cottage Cheese  Diced Melon  Water  ***Afternoon Snack***  Cucumber Slices  String Cheese  Water | ***Morning Snack***  Celery Stick  Sun Butter  Raisins  Water  ***Afternoon Snack***  Goldfish Crackers  Banana Slices  Water | ***Morning Snack***  Roasted Turkey  Wheatsworth Crackers  Water  ***Afternoon Snack***  Fruit Juice  Flavored Yogurt  Water | ***Morning Snack***  Sliced Carrots  Hummus  Water  ***Afternoon Snack***  Ritz Crackers  Orange Segments  Water |
| ***WEEK 2***  **Jan.**  **8th – 12th** | ***Morning Snack***  Flavored Yogurt  Sliced Strawberries  Water  ***Afternoon Snack***  Vegetable Slices  String Cheese  Water | ***Morning Snack***  Milk  Granola Bar  Water  ***Afternoon Snack***  Wheatsworth Crackers  Diced Melon  Water | ***Morning Snack***  Pretzels  Sun Butter  Water  ***Afternoon Snack***  Fruit Juice  Cheeze Itz  Water | ***Morning Snack***  Wheat Roll or Bread  Chicken Salad  Water  ***Afternoon Snack***  Milk  Puffed Cereal  Water | ***Morning Snack***  Croissant  Apple Slices  Water  ***Afternoon Snack***  Bean Dip  Wheat Tortilla  Water |
| ***WEEK 3***  **Jan.**  **15th – 19th** | **Building Closed in Observation of MLK Jr. Day**  Related image | ***Morning Snack***  Yogurt Dip  Sliced Carrots  Water  ***Afternoon Snack***  Fruit Juice  Flavored Yogurt  Water | ***Morning Snack***  String Cheese  Edamame  Water  ***Afternoon Snack***  Apple Sauce  Cinnamon Wheat Toast  Water | ***Morning Snack***  Wheatsworth Crackers  Chicken Salad  Water  ***Afternoon Snack***  Orange Segments  Ritz Crackers  Water | ***Morning Snack***  Muffin Square  Banana Slices  Water  ***Afternoon Snack***  Apple Slices  Sun Butter  Water |
| ***WEEK 4***  **Jan.**  **22nd – 26th** | ***Morning Snack***  Yogurt Dip  Cucumber & Squash  Water  ***Afternoon Snack***  Orange Segments  Wheatsworth Crackers  Water | ***Morning Snack***  Sun Butter  Wheat Toast  Water  ***Afternoon Snack***  Seasonal Fresh Fruit  String Cheese  Water | ***Morning Snack***  Cottage Cheese  Grape Tomato  Water  ***Afternoon Snack***  Fruit Cup  Flavored Yogurt  Water | ***Morning Snack***  Milk  Puffed Cereal  Water  ***Afternoon Snack***  Fruit Juice  Goldfish Crackers  Water | ***Morning Snack***  Seasonal Fresh Fruit  WG Granola  Water  ***Afternoon Snack***  Milk  Puffed Cereal  Water |
| ***WEEK 5***  **Jan**  **29th – 31st** | ***Morning Snack***  Pretzels  Cheese Slice  Water  ***Afternoon Snack***  Fresh Vegetables  Yogurt Dip  Water | ***Morning Snack***  Celery Stick  Sun Butter  Water  ***Afternoon Snack***  Apple Sauce  Goldfish Crackers  Water | ***Morning Snack***  Zucchini Bread  Milk  Water  ***Afternoon Snack***  Grape Tomato  Rice Chex  Water |  |  |
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