**Silverline Montessori**

 **Snack Menu**

 **January 2018**

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| --- | --- | --- | --- | --- | --- |
|  | Monday | **Tuesday** | Wednesday | **Thursday** | **Friday** |
| ***WEEK 1*****Jan.****1st -5th**  | ***Morning Snack***Wheat TortillasRefried BeansWater***Afternoon Snack***Sun butter SandwichWater | ***Morning Snack*** Cottage CheeseDiced MelonWater***Afternoon Snack***Cucumber SlicesString CheeseWater | ***Morning Snack*** Celery StickSun ButterRaisinsWater***Afternoon Snack***Goldfish CrackersBanana SlicesWater | ***Morning Snack*** Roasted TurkeyWheatsworth CrackersWater***Afternoon Snack***Fruit JuiceFlavored YogurtWater | ***Morning Snack***Sliced CarrotsHummusWater***Afternoon Snack***Ritz CrackersOrange SegmentsWater |
| ***WEEK 2*****Jan.****8th – 12th**  | ***Morning Snack***Flavored YogurtSliced StrawberriesWater***Afternoon Snack***Vegetable SlicesString CheeseWater | ***Morning Snack***MilkGranola BarWater***Afternoon Snack***Wheatsworth CrackersDiced MelonWater | ***Morning Snack***PretzelsSun ButterWater ***Afternoon Snack***Fruit Juice Cheeze ItzWater | ***Morning Snack***Wheat Roll or BreadChicken SaladWater***Afternoon Snack***Milk Puffed CerealWater | ***Morning Snack***CroissantApple SlicesWater***Afternoon Snack***Bean DipWheat TortillaWater |
| ***WEEK 3*****Jan.****15th – 19th** | **Building Closed in Observation of MLK Jr. Day**Related image | ***Morning Snack***Yogurt DipSliced CarrotsWater***Afternoon Snack***Fruit JuiceFlavored YogurtWater | ***Morning Snack***String CheeseEdamameWater***Afternoon Snack***Apple SauceCinnamon Wheat ToastWater | ***Morning Snack***Wheatsworth CrackersChicken SaladWater***Afternoon Snack***Orange SegmentsRitz CrackersWater | ***Morning Snack***Muffin Square Banana SlicesWater***Afternoon Snack***Apple SlicesSun ButterWater |
| ***WEEK 4*****Jan.****22nd – 26th**  | ***Morning Snack***Yogurt DipCucumber & SquashWater***Afternoon Snack***Orange SegmentsWheatsworth CrackersWater | ***Morning Snack***Sun ButterWheat ToastWater***Afternoon Snack***Seasonal Fresh FruitString CheeseWater | ***Morning Snack***Cottage CheeseGrape TomatoWater***Afternoon Snack***Fruit CupFlavored YogurtWater | ***Morning Snack***MilkPuffed CerealWater***Afternoon Snack***Fruit JuiceGoldfish CrackersWater | ***Morning Snack***Seasonal Fresh FruitWG GranolaWater***Afternoon Snack***Milk Puffed CerealWater |
| ***WEEK 5*****Jan****29th – 31st**  | ***Morning Snack***PretzelsCheese SliceWater***Afternoon Snack***Fresh VegetablesYogurt DipWater | ***Morning Snack***Celery StickSun ButterWater***Afternoon Snack***Apple SauceGoldfish CrackersWater | ***Morning Snack***Zucchini BreadMilkWater***Afternoon Snack***Grape TomatoRice ChexWater |  |  |
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