**Silverline Montessori**

**Breakfast and Lunch Menu**

**January 2018**

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|   | Monday | **Tuesday** | Wednesday | **Thursday** | **Friday** |
| ***WEEK 1*****Jan.****1st -5th**  |  ***Breakfast***Hot Cinnamon ApplesWhole Grain WafflesMilk Water***Lunch***Baked ChickenRotini Garden PastaBroccoli CutsFruit Cup Milk Water |  ***Breakfast***Peach DicedButtermilk BiscuitMilkWater***Lunch***Chopped Beef SteakBrown Gravy on SideBrown RiceMixed Vegetables Mandarin OrangesMilkWater | ***Breakfast***BlueberriesOatmealMilkWater***Lunch***BBQ ChickenPotato ChipsConfetti ColeslawWheat Roll or Bread Pear SlicesMilkWater |  ***Breakfast***Banana SlicesCheese SliceWheat ToastMilkWater***Lunch***Meat SauceSpaghettiCooked SquashFruit Cup MilkWater | ***Breakfast***Sliced StrawberriesRice ChexMilkWater***Lunch*** Turkey & Cheese SandwichLettuce & TomatoCucumber SlicesFruit SaladMilkWater |
| ***WEEK 2*****Jan.****8th – 12th**  | ***Breakfast***Banana SlicesCorn FlakesMilk Water***Lunch***Chicken and RicePeas and CarrotsPineapple TidbitsMilk Water | ***Breakfast***Orange SegmentsWheat English MuffinsCream CheeseMilkWater***Lunch***Chicken Quesadillas w/SalsaRefried BeansTossed SaladPeach SlicesMilkWater | ***Breakfast***Pineapple ChunksFrench Toast SticksMilkWater***Lunch***Baked ChickenFiesta CornWheat Roll or BreadApple SlicesMilkWater | ***Breakfast***Peach DicedWheat ToastMilkWater***Lunch***Red BeansRiceStrawberry Spinach SaladFruit Cup MilkWater | ***Breakfast***Sliced StrawberriesOatmealMilkWater***Lunch***Tuna Salad on LettuceWheat Roll or BreadSliced CarrotsMelon Fruit CupMilkWater |
| ***WEEK 3*****Jan.****15th – 19th** | **Building Closed in Observation of MLK Jr. Day**Related image | ***Breakfast***Banana SlicesCheese Toast/WheatMilkWater***Lunch***Herb baked ChickenMashed PotatoesCooked SquashFruit CupMilkWater | ***Breakfast*** Diced PearsWheat ToastHard Boiled EggMilkWater***Lunch***Taco SaladLettuce & TomatoFlour TortillaPinto BeansMandarin OrangesMilkWater | ***Breakfast***Sliced StrawberriesOatmealMilkWater***Lunch***Beef Macaroni & CheeseVegetable MedleyFruit CocktailMilkWater | ***Breakfast***Pineapple ChunksFlavored YogurtMilkWater***Lunch***Grilled Chicken Patty Lettuce & TomatoNot so Fried RiceStir Fry VegetablesMelon Fruit CupMilk |
| ***WEEK 4*****Jan.****22nd – 26th**  | ***Breakfast***Apple SauceFrench Toast SticksMilk Water***Lunch***Sun Butter & Jelly SandwichCucumber SlicesSliced StrawberriesMilk Water | ***Breakfast***Diced PearsCheese Toast/ WheatMilkWater***Lunch***Hamburger on BunLettuce & TomatoPotato ChipsConfetti ColeslawWatermelonMilkWater | ***Breakfast***Banana SlicesCheeriosMilkWater***Lunch*** Cheese QuesadillasStrawberry Spinach SaladPeaches and PearsMilkWater | ***Breakfast***Orange SegmentsScrambled EggsCorn TortillaMilkWater***Lunch***Baked ChickenSpaghettiMixed VegetablesPineapple ChunksMilkWater | ***Breakfast***Mixed Berry CupCorn FlakesMilkWater***Lunch***Vegetable SoupTurkey & Cheese RollupLettuce & TomatoFruit CupMilkWater |
| ***WEEK 5*****Jan****29th – 31st**  | ***Breakfast***Fresh FruitScrambled EggButtermilk BiscuitMilk Water***Lunch***Sweet & Sour Chicken w/SauceGarden Blend RiceMixed VegetablesPeach DicedMilk Water | ***Breakfast***Sliced StrawberriesCheeriosMilkWater***Lunch***Lasagna with meat sauceGreen BeansMelon Fruit CupMilkWater | ***Breakfast***Orange SegmentsWheat ToastMilkWater***Lunch***Turkey Bean BurritoLettuce & TomatoSpanish RiceVegetable SlicesPineapple ChunksMilkWater |  |  |
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