

**Silverline Montessori** 

**December 2017 Breakfast & Lunch Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  | **1             Breakfast**  Whole Grain Waffle & Milk  **Lunch**  Chicken Nuggets, Vegetables,  Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\GH7MCUIS\waffle[1].JPG  V: Veggie Nuggets |
| **4         Breakfast**  Tropical Fruit, Corn Flakes, Milk  **Lunch**  Chicken and Rice, Peas & Carrots,  Pineapple Tidbits  Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXE639WP\bakedchicken2[1].JPG  V: Veggie Burgers | **5     Breakfast**  Orange Segments  Wheat English Muffins  Cream Cheese, Milk  **Lunch**  Tacos w/Salsa  Spanish Rice ,Tossed Salad, Peaches & Milk  C:\Users\Guest\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\OL4X0U2L\2654091069_97ba68c0f0[1].jpg  V: Cheese Quesadillas | **6          Breakfast**  Pineapple Chunks , French Toast, Milk  **Lunch**  Baked Chicken  Fiesta Corn  Wheat Roll or Bread  Apple Slices  Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\AVWSEGS4\7051703909_fbce80660f_z[1].jpg    V: Veggie Nuggets | **7       Breakfast**  Peach Dices  Wheat Toast, Milk  **Lunch**  Chili w/ Beans  Rice  Strawberry Spinach Salad  Fruit Cup  Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\GV8OFN7B\7700960058_77d06fb288_b[1].jpg  V: Veggie Chili | **8          Breakfast**  Oatmeal , Strawberry Slices, Water  **Lunch**  Pasta w/Alfredo Sauce, Chicken & Broccoli  Melon Fruit Cup  Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5GCZLJD8\lettuce-tuna-1wm2[1].jpg  V: Fettuccine w/Alfredo Sauce |
| **11        Breakfast**  Peaches Slices with Corn Flakes. Water  **Lunch**  Hot Dogs, Chili/Cheese  Fritos, Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\5GCZLJD8\hotdog_connie_island_thumb[2][1].jpg  V: Tomato Soup | **12       Breakfast**  Orange Segments, English Muffins w/cream cheese. Water  **Lunch**  Chicken Nuggets, Mac N Cheese,  Fruit & Vegetables  Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\L3IZVLTX\bocconcini-500x281[1].jpg  V: Veggie Nuggets | **13         Breakfast**  Croissant with Cream Cheese & Fruit  **Lunch**  Spaghetti w/Meat Sauce,  Salad, Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\7R0WPHI4\the_croissant_usb_flash_drive_1[1].jpg  V: Spaghetti with Marinara | **14         Breakfast**  Wheat Toast with Peaches  Milk  **Lunch**  Taco w/Rice , Refried Beans,  Salad, Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\L3IZVLTX\NCI_Visuals_Food_Taco[1].jpg  V: Veggie Taco | **15      Breakfast**  Oatmeal, Slices of Strawberry, Water  **Lunch**  Hamburger Patti  Lettuce, Tomatoes, Pickles  Potato Chips  Fruit & Milk  V: Veggie Burger |
| **18**           Breakfast  Waffle with Hot Cinnamon apples  Milk  **Lunch**  Pasta w/Alfredo Sauce, Chicken & Broccoli  Fruit & Milk  **C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\AVWSEGS4\Broccoli-Fettuccine-close[1].jpg**  V: Fettuccine w/ Alfredo Sauce | **19          Breakfast**  English Muffin with Cream Cheese and peaches  **Lunch**  Fish Sticks,  Mac N Cheese,  Vegetables, Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\AVWSEGS4\bagel-cream-cheese-isolated-white-background-sesame-top-view-48221553[1].jpg  V: Mac N Cheese | **20        Breakfast**  Cheerios & Banana Slices  **Lunch**  Baked Chicken & Couscous,  Salad  Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\7R0WPHI4\gotmilk_paper_cheerios[1].jpg V: Veggie Nuggets | **21        Breakfast**  Hard Boiled Eggs & Orange Slices  **Lunch**  Spaghetti w/ Meat Sauce Salad  Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\GV8OFN7B\spaghetti-carbohidratos-pastas-para-deportistas-recetas-calorias[1].jpg  V: Spaghetti w/ Marinara | **22**  Merry Christmas  Building Closed |

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **25**  Merry Christmas  Building Closed | **26**  Merry Christmas  Building Closed | 27  **Breakfast**  Corn Flakes, Mixed Fruit Cup, Milk  **Lunch**  Chicken Noodle Soup, Turkey & Cheese Roll Up  Fruit & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PXE639WP\Turkey_Soup_-_18[1].jpg  V: Tomato Soup | **28**  **Breakfast**  Rice Chex, Strawberries  Milk  Lunch  Chopped Beef Steak, Brown Gravy  Mashed Potatoes, Vegetables & Milk  C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\AVWSEGS4\3164966176_34408096e2_z[1].jpg  V: Tomato Soup | **29**  **Breakfast**  French Toast & Milk  **Lunch**  Chicken Nuggets  Vegetables  Fruit Salad & Milk  **C:\Users\Office Admin\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\AVWSEGS4\16251867289_e3b58ab7ab_z[1].jpg**  V:Veggie Nuggets |