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	Monday	Tuesday	Wednesday	Thursday	Friday
<u>WEEK 1</u> October 2 nd – 6 th	<u>Morning Snack</u> Pretzels Cheese Slice Water  <u>Afternoon Snack</u> Fresh Vegetables Yogurt Dip Water	<u>Morning Snack</u> Celery Stick Sun Butter Water  <u>Afternoon Snack</u> Apple Sauce Goldfish Crackers Water	<u>Morning Snack</u> Zucchini Bread Milk Water  <u>Afternoon Snack</u> Grape Tomato Rice Chex Water	<u>Morning Snack</u> Flavored Yogurt Blueberries Water  <u>Afternoon Snack</u> Banana Slice with Orange Juice String Cheese Water	<u>Morning Snack</u> Hummus Sliced Carrots Water  <u>Afternoon Snack</u> Fruit Juice Cinnamon Wheat Toast Water
<u>WEEK 2</u> October 9 th -13 th	<u>Morning Snack</u> Milk Oatmeal Raisin Cookie Water  <u>Afternoon Snack</u> Peach Diced Flavored Yogurt Water	<u>Morning Snack</u> Milk Hot Cinnamon Apples Water  <u>Afternoon Snack</u> Orange Segments Ritz Crackers Water	<u>Morning Snack</u> Tuna Salad On Lettuce Wheatworth Crackers Water  <u>Afternoon Snack</u> Apple Slices Sun Butter Sandwich Water	<u>Morning Snack</u> Edamame Fruit Juice Water  <u>Afternoon Snack</u> Vegetable Slices Wheatworth Crackers Ranch Dip Water	<u>Morning Snack</u> Milk Rice Pudding Water  <u>Afternoon Snack</u> Fruit Cup Goldfish Crackers Water
<u>WEEK 3</u> October 16 th -20 th	<u>Morning Snack</u> Wheat Tortillas Refried Beans Water  <u>Afternoon Snack</u> Sun butter Sandwich Water	<u>Morning Snack</u> Cottage Cheese Diced Melon Water  <u>Afternoon Snack</u> Cucumber Slices String Cheese Water	<u>Morning Snack</u> Celery Stick Sun Butter Raisins Water  <u>Afternoon Snack</u> Goldfish Crackers Banana Slices Water	<u>Morning Snack</u> Roasted Turkey Wheatworth Crackers Water  <u>Afternoon Snack</u> Fruit Juice Flavored Yogurt Water	<u>Morning Snack</u> Sliced Carrots Hummus Water  <u>Afternoon Snack</u> Ritz Crackers Orange Segments Water
<u>WEEK 4</u> October 23 rd – 27 th	<u>Morning Snack</u> Flavored Yogurt Sliced Strawberries Water  <u>Afternoon Snack</u> Vegetable Slices String Cheese Water	<u>Morning Snack</u> Milk Granola Bar Water  <u>Afternoon Snack</u> Wheatworth Crackers Diced Melon Water	<u>Morning Snack</u> Pretzels Sun Butter Water  <u>Afternoon Snack</u> Fruit Juice Cheeze Itz Water	<u>Morning Snack</u> Wheat Roll or Bread Chicken Salad Water  <u>Afternoon Snack</u> Milk Puffed Cereal Water	<u>Morning Snack</u> Croissant Apple Slices Water  <u>Afternoon Snack</u> Bean Dip Wheat Torilla Water

<p><u>WEEK 5</u></p> <p>October 30th & 31st</p>	<p><u>Morning Snack</u> Granola Bar Fruit Juice Water</p>  <p><u>Afternoon Snack</u> Vegetable Slices String Cheese Water</p>	<p><u>Morning Snack</u> Yogurt Dip Sliced Carrots Water</p>  <p><u>Afternoon Snack</u> Fruit Juice Flavored Yogurt Water</p>			