

























# Silverline Montessori

## Snack Menu

### November 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>WEEK 1</u></b>  November 1 <sup>st</sup> – 3 <sup>rd</sup>	<b><u>Morning Snack</u></b> Pretzels Cheese Slice Water   <b><u>Afternoon Snack</u></b> Fresh Vegetables Yogurt Dip Water	<b><u>Morning Snack</u></b> Celery Stick Sun Butter Water   <b><u>Afternoon Snack</u></b> Apple Sauce Goldfish Crackers Water	<b><u>Morning Snack</u></b> Zucchini Bread Milk Water   <b><u>Afternoon Snack</u></b> Grape Tomato Rice Chex Water	<b><u>Morning Snack</u></b> Flavored Yogurt Blueberries Water   <b><u>Afternoon Snack</u></b> Banana Slice with Orange Juice String Cheese Water	<b><u>Morning Snack</u></b> Hummus Sliced Carrots Water   <b><u>Afternoon Snack</u></b> Fruit Juice Cinnamon Wheat Toast Water
<b><u>WEEK 2</u></b>  November 6 <sup>th</sup> – 10 <sup>th</sup>	<b><u>Morning Snack</u></b> Milk Oatmeal Raisin Cookie Water   <b><u>Afternoon Snack</u></b> Peach Diced Flavored Yogurt Water	<b><u>Morning Snack</u></b> Milk Hot Cinnamon Apples Water   <b><u>Afternoon Snack</u></b> Orange Segments Ritz Crackers Water	<b><u>Morning Snack</u></b> Tuna Salad On Lettuce Wheatworth Crackers Water   <b><u>Afternoon Snack</u></b> Apple Slices Sun Butter Sandwich Water	<b><u>Morning Snack</u></b> Edamame Fruit Juice Water   <b><u>Afternoon Snack</u></b> Vegetable Slices Wheatworth Crackers Ranch Dip Water	<b><u>Morning Snack</u></b> Milk Rice Pudding Water   <b><u>Afternoon Snack</u></b> Fruit Cup Goldfish Crackers Water
<b><u>WEEK 3</u></b>  November 13 <sup>th</sup> – 17 <sup>th</sup>	<b><u>Morning Snack</u></b> Wheat Tortillas Refried Beans Water   <b><u>Afternoon Snack</u></b> Sun butter Sandwich Water	<b><u>Morning Snack</u></b> Cottage Cheese Diced Melon Water   <b><u>Afternoon Snack</u></b> Cucumber Slices String Cheese Water	<b><u>Morning Snack</u></b> Celery Stick Sun Butter Raisins Water   <b><u>Afternoon Snack</u></b> Goldfish Crackers Banana Slices Water	<b><u>Morning Snack</u></b> Roasted Turkey Wheatworth Crackers Water   <b><u>Afternoon Snack</u></b> Fruit Juice Flavored Yogurt Water	<b><u>Morning Snack</u></b> Sliced Carrots Hummus Water   <b><u>Afternoon Snack</u></b> Ritz Crackers Orange Segments Water
<b><u>WEEK 4</u></b>  November 20 <sup>th</sup> – 24 <sup>th</sup>	<b><u>Morning Snack</u></b> Flavored Yogurt Sliced Strawberries Water   <b><u>Afternoon Snack</u></b> Vegetable Slices String Cheese Water	<b><u>Morning Snack</u></b> Milk Granola Bar Water   <b><u>Afternoon Snack</u></b> Wheatworth Crackers Diced Melon Water	<b><u>Morning Snack</u></b> Pretzels Sun Butter Water   <b><u>Afternoon Snack</u></b> Fruit Juice Cheeze Itz Water	<b>Closed in Observation of Thanksgiving</b>  	<b>Closed in Observation of Thanksgiving</b>  

<p><b><u>WEEK 5</u></b></p> <p><b>November 27<sup>th</sup> – 30<sup>th</sup></b></p>	<p><b><u>Morning Snack</u></b>  Granola Bar  Fruit Juice  Water</p>  <p><b><u>Afternoon Snack</u></b>  Vegetable Slices  String Cheese  Water</p>	<p><b><u>Morning Snack</u></b>  Yogurt Dip  Sliced Carrots  Water</p>  <p><b><u>Afternoon Snack</u></b>  Fruit Juice  Flavored Yogurt  Water</p>			